



Conservation Leaders for Tomorrow

Hunting Awareness & Conservation Education

Eye Dominance and Gun Fitting

Goal: To ensure that each participant is matched with the most suitable shotgun among those available at a workshop, and they can safely learn the mechanics of shooting a firearm.

Objectives: After this block of instruction the student will be able to:

1. Explain that firearms come in a variety of sizes that can be modified for a specific individual. Modifications can be made permanent or temporary.
2. Describe proper and “best” shotgun fit and recognize that at a minimum, “best fit” is key to shooting comfort and confidence when handling a shotgun, as well as, increased safety, enjoyment, and improved marksmanship,
3. Recognize that using the dominant eye can be a key to shooting accuracy and that there are techniques to compensate for cross dominant vision.

Why This Is Important to a Natural Resource Professional

Understanding the fundamentals of safe firearm handling and that proper fit of a firearm can be a critical element for safe and efficient harvest of wildlife will make professionals more credible with hunters.

Additional Resources:

Groh, S.C. 2008 July. Shotgun Fit Demystified. *Sporting Clays* pp 40-46

Luciano, Jerry 2015 *Guns The Right Way*

Deck, Tom 2006 *The Orvis Guide to Gunfitting*

Mulak, Steven 2008 *Good Shot, A Guide to Using Clay Target Skills in the Field*

National Sporting Clays Association, 2016 NSCA Level 1 Certification Manual,

Schindler, Dan L. 1994 *Take Your Best Shot*

Schindler, Dan L. 1999 *To the Target*