



# Conservation Leaders for Tomorrow

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## Hunting Awareness & Conservation Education

### **Game as Food**

**Goal:** To convey the nutritional values and palatability of game food properly prepared and to provide participants with resources to properly prepare game meat they may acquire or harvest themselves.

**Objectives:** After this block of instruction the participant will be able to:

1. Explain the nutritional qualities of wild game verses food from domesticated sources.
2. Describe the comparative palatability of wild game versus food from domestic sources.
3. Explain culinary techniques that maximize or enhance the flavor and texture of wild meats.
4. Explain that game meat is a motivation for many hunters.

#### **Why This Is Important for a Natural Resources Professional**

Hunting provides hundreds of pounds of high-quality, organically grown food that can contribute significantly to the diet of some families. This food often has an important cultural link to the family history. Understanding proper processing techniques is also important when regulating transportation and possession limits of game animals.